

Local Trades Directory

Acer Tree Surgeons Nick Cranston: The Old Post Office, 85 High Street, Chapmanslade, 832026, nickcranston@acertreesurgeons.co.uk, www.acertreesurgeons.co.uk

Advertising & Marketing Consultant - Stephen Miell
39 The Spur, 827725 or 07856 801261, stevemmiell@hotmail.co.uk

Cleaning – SJL Cleaning Services
Simon Lamdin: 07717 858754, simonlamdin@hotmail.co.uk

Copywriting - Member of Professional Copywriters' Network.
Sue Davison: 79 Westbury Leigh, 07557 874355, sue@fullheightcopy.com

Counsellor/therapist – offering a safe and confidential service. www.cathyburtoncounselling.com
Cathy Burton: 07745 233055 cathyburtoncounselling@outlook.com

Domestic removal and storage services - Advance Removal Services
Jason Clements: 136 Westbury Leigh, 01373 824259, member@advance101.wanadoo.co.uk

Electrician Vince Macey, All types of electrical work, 61a Westbury Leigh, 864428 or 07966 470479, vince@vmacey.co.uk

Flooring - supply and fitting of carpet and vinyl -Tom Solman, Renew Flooring, 20 Teal Close, BA13 3XL, 07979 696608, tom@renewflooring.co.uk

Garden preparation and maintenance
Imogen Garratt: 07900 575814, immy.garratt@me.com

G T Bookkeeping – G. A. Trefaut: 07789 376870, gt_bookkeeping@hotmail.co.uk

Independent Financial Planner – Mark Higginson (Chartered Financial Planner): 32 Westbury Leigh, 301275 or 07718 492401, mhigginson@sovereign-wm.com

Jackie's Dog Salon, Jackie Macey, 61a Westbury Leigh, 864428 or 07970 062917

Lime & Gypsum Restoration, Renovation & Repairs
Mike Hill: 301009 or 07783 226262, info@mhplasteringandbuilding.co.uk

Mobile hairdressing and barber
Sarah Smith: 11 Kendrick Close, 07718 286745, blondesarah71@hotmail.co.uk

Painting and decorating, floor and wall tiling: Chris Pearson: 127 Westbury Leigh, 304810 or 07709 804565, chrispearson65@hotmail.com

Reflexology, Aromatherapy, Reiki
Sarah Wiseman: Santi Bhavana, Westbury. 07909 751712, sarah.wiseman@fsmail.net

Reflexology and Holistic Massage
Corinne Hunter: 101 Westbury Leigh, 07710 716652, corinnehunter57@googlemail.com

Reflexology and toenail-cutting
Alice Lewis: Hope Cottage, Dilton Marsh, 228010. Home visits available.

Reiki treatments
Viv Lane: 160 Westbury Leigh, 865574, guidedreams@btinternet.com

Sewing service - curtains, blinds and dressmaking, alterations, repairs
Anne Poole: 117 Westbury Leigh, 858711, axp117wl@gmail.com

Tutor - English, Maths and Science, all ages including parents/carers
Sue Huntley B Ed(Hons), Cartref, Black Horse Lane, 859977 sue@hsow.co.uk www.hsow.co.uk

Vaughan Lipscombe, Architectural and Planning Services
Vaughan Lipscombe: Boyers House, Black Horse Lane, 864866, vaughanlipscombe@tiscali.co.uk

If you would like a free one-line entry in this directory in future newsletters, please give the details to Angela (303941 or jandagraham-leigh@blueyonder.co.uk).



Westbury Leigh

Newsletter Number 46 – Sep 2017

Community Newsletter

Get into shape – free!

Are you fed up with the gym but realise that you need to be a little more active? Why not come along and try a free class at 10 o'clock on 15th September at Westbury Leigh Community Hall.

You would join a small, friendly group who enjoy moving to a variety of rhythms and improve their fitness through moving to music around the room. It is safe exercise, taught by a professional instructor with years of experience and the benefits are many and varied.

Recently at the Cheltenham Science Festival Dr. Emma Redding recommended dance classes to help people maintain good balance as they improve and maintain ankle and core strength. It is also recommended for people recovering from operations. Falls are the biggest cause of emergency hospital admission for pensioners and can lead to serious complications. Also the social aspect of working with other people while improving skills can lead to increased confidence when moving in everyday life. Postural alignment is very important in preventing falls and helps keep us safe. Ballroom dances are particularly suitable because we increase our balance whilst providing a crucial form of exercise. Dancing increases flexibility, balance and stamina, as well as making new friends and becoming part of a supportive group.

Further information from Janice Moore on 01373 832105 – you have nothing to lose and so much to gain. Hope to see you there!

Christmas is coming!

Yes, I know, you're only just back from summer holidays... But it's never too early to start thinking about Christmas! Here are a few dates for your diary (all at Westbury Leigh Community Hall):

19th November 2- 4pm "Getting Ready for Christmas" market. If you would like a table, please contact Angela on 303941 or jandagraham-leigh@blueyonder.co.uk.

1st December 7.30pm Christmas bingo

9th December 7.30pm Christmas quiz

Ian and Sue: ☎: 822659 ✉: iansuetaylor@gmail.com

John and Angela: ☎: 303941 ✉: jandagraham-leigh@blueyonder.co.uk

Community Hall Website: www.westbury-leigh-community-hall.org.uk

Thank you!

Thank you to Chris Pearson of Westbury Leigh for revarnishing the Old School Green sign at the bottom of Church Lane. The sign had suffered badly from the weather but is now looking much better. Go and have a look at it – especially if you remember when the Green was the school field.

Craft shops in Westbury

Thanks to an increase in popularity of anything 'crafty' we now have a choice of shops in Westbury to buy handmade items, or the essentials we need to make our own. For more details about these shops, check their Facebook pages or look for posters in their windows.

The Woollery, Haynes Road

Our newest craft store, currently open Wednesday 10am to 6pm, Friday 10am to 4.30pm, Saturday 10am to 5pm. Stocking yarns from King Cole, Riko, Sirdar, West Yorkshire Spinners and a few other craft fibres (eg: yarn for arm knitting!). Knitting and crochet courses and lessons are available in groups or 1 to 1. There are also knit and natter sessions on Wednesday 7pm to 8pm, Friday 2.30pm to 3.30pm, Saturday 10.30am to 11.30am.

You'll find all the needles and accessories needed as well as lots of little extras, and if there's a particular yarn you need they'll endeavour to find it for you. There are workshops and extended opening hours in the planning stage. Plus if you don't want to knit/crochet the item yourself you can always commission The Woollery to do it for you.

Craftology, Maristow Street

Craftology is open Tuesday to Saturday 9am to 6pm. There is a vast array of locally handmade gifts and cards for sale, as well as a range of art/craft activities including; Toddlers - Tuesday & Thursday 10am to 12 noon

Sensory play -Wednesday 1pm to 3pm

Adults - Friday 7pm to 9pm

Saturday art and craft sessions 10am to 3pm

Book your own private session (child or adult) - great for birthdays or any other event.

E. J. Crafts, Maristow Street

Open Monday to Saturday 9am to 4.30pm, and stocking a large range of haberdashery and craft items, plus hand knitted baby cardigans and booties.

There are beginner 'How to' knit and crochet sessions on a 1:1 basis, and 'Knit & natter' sessions every other Wednesday 6pm to 7.30pm. Commissions are taken for alterations and adjustments (zips, hems, hole mending etc), plus curtains and cushion covers.

As a 'sideline' you can buy your Westbury Festival tickets here and even order your Avon items.

We may not have a craft shop in Westbury Leigh, but there is a flourishing Sewing Group that meets on Thursday mornings at the Community Hall. Contact Sue Taylor on 822659 or iansuetaylor@gmail.com for details.

Westbury Leigh in the news

By now you will all have seen the house by The Spur roundabout that was gutted by fire on 15th July. Fortunately, no-one was hurt, but the family lost all their possessions. The Hollies has been the focus of a community effort to raise money for the family, setting up a JustGiving page and even hosting a special fund-raising event for them. More information is on www.theholliesinn.com.

The Wiltshire Times recently reported a plea from Sarah Perrett, who lived in Westbury Leigh until a few years ago. Her set of "Church Mouse" books, treasured since childhood, was accidentally taken to Ashton Common car boot sale and sold. Sarah would love to have them back! If you know anything about them, please contact the Wiltshire Times on 01225 773609.

Deer – love them or hate them?

Deer are attractive animals and many of us have fond memories of the Disney film *Bambi*. They don't seem quite so appealing when they are in the garden though. Recently Westbury Leigh residents near Sandhole Lane saw two deer in their garden in the small hours. In the morning they found their soft fruits and lettuce were gone and the deer had even eaten the whole crop of crab apples (including leaves!).

There seems to be plenty of wildlife in Westbury Leigh gardens, but it's not always so destructive. Have you had a similar experience? If so, let Angela know on jandagraham-leigh@blueyonder.co.uk and send her any pictures you've taken.

Westbury Music and Arts Festival

This year's Festival is better than ever, with something for everyone! Do have a look at the website www.westburyfestival.org.uk or visit the "Box Office" at E J Crafts in Maristow Street. To get you interested, here are just some the events, all in or around Westbury Leigh

September		
Sat 23 rd 10am	Leigh Park Community Centre	Princes, Princesses, Knights and Damsels £5/£10 (family)
Sat 23 rd 3pm	Stormore Chapel	Breaking Baroque: Monteverdi's Magic Jubilee £8
Sun 24 th 2pm	Westbury Leigh Community Hall	French Country Dancing £4
Tue 26 th 2.30pm	Fairfield College	Magical Tea £7.50
Wed 27 th 7.30pm	The Hollies	Westbury Leigh from the Archives Free
Fri 29 th 7.30pm	Holy Trinity Church (Dilton Marsh)	The Many Faces of the Harp £8
Fri 29 th 9pm	The Hollies	The Tone Takers Free
Sat 30 th 10am	AOSB Leighton House	Walk £6.50/£5
October		
Thur 5 th 7.30pm	Penknapp Providence Chapel	Reformation and the Arts Free