

## Local Trades Directory

**Acer Tree Surgeons** Nick Cranston: The Old Post Office, 85 High Street, Chapmanslade, 832026, [nickcranston@acertreesurgeons.co.uk](mailto:nickcranston@acertreesurgeons.co.uk), [www.acertreesurgeons.co.uk](http://www.acertreesurgeons.co.uk)

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39 The Spur, 827725 or 07856 801261, [stevemiell@hotmail.co.uk](mailto:stevemiell@hotmail.co.uk)

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**Copywriting** - Member of Professional Copywriters' Network.  
Sue Davison: 79 Westbury Leigh, 07557 874355, [sue@fullheightcopy.com](mailto:sue@fullheightcopy.com)

**Counsellor/therapist** – offering a safe and confidential service.[www.cathyburtoncounselling.com](http://www.cathyburtoncounselling.com)  
Cathy Burton: 07745 233055 [cathyburtoncounselling@outlook.com](mailto:cathyburtoncounselling@outlook.com)

**Domestic removal and storage services** - Advance Removal Services  
Jason Clements: 136 Westbury Leigh, 01373 824259, [member@advance101.wanadoo.co.uk](mailto:member@advance101.wanadoo.co.uk)

**Electrician** Vince Macey, All types of electrical work, 61a Westbury Leigh,  
864428 or 07966 470479, [vince@vimacey.co.uk](mailto:vince@vimacey.co.uk)

**Flooring - supply and fitting of carpet and vinyl** -Tom Solman, Renew Flooring, 20 Teal Close,  
BA13 3XL, 07979 696608, [tom@renewflooring.co.uk](mailto:tom@renewflooring.co.uk)

**G T Bookkeeping** – G. A. Trefaut: 07789 376870, [gt\\_bookkeeping@hotmail.co.uk](mailto:gt_bookkeeping@hotmail.co.uk)

**Independent Financial Planner** – Mark Higginson (Chartered Financial Planner): 32 Westbury  
Leigh, 301275 or 07718 492401, [mhigginson@sovereign-wm.com](mailto:mhigginson@sovereign-wm.com)

**Jackie's Dog Salon**, Jackie Macey, 61a Westbury Leigh, 864428 or 07970 062917

**Mobile hairdressing and barber**  
Sarah Smith: 11 Kendrick Close, 07718 286745, [blondesarah71@hotmail.co.uk](mailto:blondesarah71@hotmail.co.uk)

**Painting and decorating, floor and wall tiling:** Chris Pearson: 127 Westbury Leigh, 304810 or  
07709 804565, [chrispearson65@hotmail.com](mailto:chrispearson65@hotmail.com)

**Reflexology, Aromatherapy, Reiki**  
Sarah Wiseman: Santi Bhavana, Westbury. 07909 751712, [sarah.wiseman@fsmail.net](mailto:sarah.wiseman@fsmail.net)

**Reflexology and Holistic Massage**  
Corinne Hunter: 101 Westbury Leigh, 07710 716652, [Corinne@mirado.freeserve.co.uk](mailto:Corinne@mirado.freeserve.co.uk)

**Reflexology and toenail-cutting**  
Alice Lewis: Hope Cottage, Dilton Marsh, 228010. Home visits available.

**Reiki treatments**  
Viv Lane: 160 Westbury Leigh, 865574, [guidedreams@btinternet.com](mailto:guidedreams@btinternet.com)

**Sewing service - curtains, blinds and dressmaking, alterations, repairs**  
Anne Poole: 117 Westbury Leigh, 858711, [aptextiles@virginmedia.com](mailto:aptextiles@virginmedia.com)

**Tutor - English, Maths and Science, all ages including parents/carers**  
Sue Huntley B Ed(Hons), Cartref, Black Horse Lane, 859977 [sue@hsow.co.uk](mailto:sue@hsow.co.uk) [www.hsow.co.uk](http://www.hsow.co.uk)

**Vaughan Lipscombe, Architectural and Planning Services**  
Vaughan Lipscombe: Boyers House, Black Horse Lane, 864866,  
[vaughanlipscombe@tiscali.co.uk](mailto:vaughanlipscombe@tiscali.co.uk)

If you would like a free one-line entry in this directory in future newsletters, please give  
the details to Angela (303941 or [jandagraham-leigh@blueyonder.co.uk](mailto:jandagraham-leigh@blueyonder.co.uk)).



## Westbury Leigh

## Community Newsletter

Newsletter Number 42 – August 2016

### Car Park

Did you notice the recent activity in the car park? That was for exploratory drilling to test Wiltshire Council's plan to sink a bore hole to solve the problem of the poor drainage in the car park.

By now you may have forgotten about the proposed community asset transfer of the car park to Westbury Leigh Community Project Ltd (the registered charity that runs the Community Hall). The transfer will happen – and now that Wiltshire Council is working on the essential drainage work things should start happening quite quickly. Wiltshire Council does not regard our car park as a strategic asset and so the transfer is needed to ensure that the car park remains for residents' use.

Cllr Ian Taylor, a Westbury Town Councillor and Westbury Leigh resident, has been raising awareness of our car park within the Town Council. The objective is to ensure that the Town Council accepts a "duty of care" for our car park, given its importance to residents. Ideally, the Town Council also should accept some financial responsibility for the maintenance of the car park after the community asset transfer.

*.....continues inside*

### Dance Fitness

We all hope to live a long and healthy life and nowadays that is becoming more possible.

However the quality of that life is very important and learning Dance sequences, exercising and having fun at the same time is a great way to improve the quality of life, as well as improving memory, stamina, suppleness and muscular strength and going home with a Sparkle.

The Friday morning class at Westbury Leigh Community Hall from 10 to 11 a.m. offers the opportunity to come and join a happy group of mature people who meet regularly, have made new friends in some cases, and found an activity that they enjoy which is really doing them good.

Research bears out that Dance Fitness is valuable, enjoyable and brings many improvements to health, happiness and fitness.

We would love to welcome you to our class, which starts on the 2nd September.

Please ring the Qualified Trainer – Janice Moore - 01373 832105 if you need more information.

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The car park will be on the agenda for discussion at the Town Council meeting to be held at The Laverton at 7pm on 5th September. If you use and really care about the car park, do attend the meeting and tell the Council what the car park means to you. Personal testimony does carry weight.

(Note that the protocol of members of the public speaking at Council meetings means that you have to register your intention to speak by 6.50pm).

### Community Hall activities

The last newsletter covered some of the regular activities in the Community Hall each week and here are a few more. We have contact details for the instructors or just turn up to any of the sessions and see for yourself.

#### Bridge Club - Tuesday 10.15am to 12.30pm

It's an early start for those overworked grey cells but the coffee and biscuit is a great start. Our club is aimed at anyone who is new to, returning to, or just enjoys playing social bridge. We are definitely not competitive, but do have a few 'fun' mornings each year with prizes for the highest positive and highest negative scores! We have an excellent 'guide and mentor' and just want everyone to enjoy a game of cards. **Sue Taylor**

#### Afternoon Tea Dances - Tuesday 2pm to 4.30pm

Now coming to the end of our second year of Tuesday afternoon social tea dances, they continue to go from strength to strength.

It is a very friendly and lively weekly affair popular with both our regular and new members alike - where we provide a "strictly" 50/50 mix of ballroom, Latin American and sequence dances, encompassing a mid-afternoon break where tea/coffee and home-made fare are provided - all included in the entry price of £4.00/person.

As well as these regular tea dances, private dance lessons are now available, as well as "The First Wedding Dance", which is proving to be very popular. **Angela Dale.**

#### Wiltshire Group of the Alpine Garden Society - second Friday in the month from September to May excluding January 7pm to 10pm

We usually meet in the small hall but have a show in April in the large hall featuring a wide range of alpine plants from bulbs to cushion plants and a photoshoot in June at a well-known nursery/garden which helps us to understand our cameras and we then see the results at our December meeting, which can be quite amusing. We have a wide range of interesting speakers for the other meetings with talks ranging from cultivation of alpine plants to plant hunting travels throughout the world. Subscriptions are modest at £6 per year. **Graham Nicholls**

#### Stitched Up Sewing Club - Thursday 10am to 1pm

Although we call ourselves a 'sewing club' there is a great variety of crafts undertaken by our members each week. Along with shopping trips, workshops and the occasional lunch, it's a perfect place to share ideas and advice, and just enjoy the company. **Sue Taylor**

#### Iyengar Yoga - Wednesday 7pm to 8.45pm (Autumn term starts 7th September)

I have been teaching at the Hall over 8 years and some members of the original group still attend the class, but it is open to newcomers all year round. The group is mixed ability and experience so most suitable for anyone who has done some yoga before. Beginners are welcome too though: if you like it, you will pick it up as you go along. However, if a group of beginners are interested, I would be happy to do a taster class or run an introductory course!

At first one learns the basic yoga poses with an emphasis on correct alignment of the body. This improves one's flexibility, strength and posture and brings a sense of overall wellbeing and calm. As one progresses, one also develops greater awareness of the breath, which in turn helps to improve concentration and the ability to manage stress. **Fiona Fallon**

#### Westbury Folk Dance Club- Thursday 7.30pm to 9.30pm

Come and join us - folk dancing is great fun and keeps you fit, no partner is needed, tuition is given and your first week is free. There is a caller every week with taped music but there are regular dances when other clubs are invited and we have live bands playing. Starts again on 1st September when everyone is welcome - any age from 9 to 90!!!! **Margaret Morris**

#### Village Supper

This year's Village Supper will be held in the Community Hall at 7.30pm 15th October. Do come along with your friends and neighbours: meet new people, enjoy a traditional meal and be entertained by Stephen Wells, our after-dinner speaker. Tickets will soon be on sale at the Visitors' Centre in Westbury, price £8.

#### Wary of using the internet?

There could be classes coming to the Community Hall on learning to use the internet with confidence. If you are interested in running or attending such classes, please contact Angela on 303941. If you have already done so, don't worry - you're on the list!

#### Carer Support - Do you look after someone?

As our population ages and people live longer, often with complex health conditions, more and more of us will find ourselves caring for someone, with 3 in 5 of us becoming carers at some point in our lives.

A carer is anyone who cares, unpaid, for a family member or friend who cannot manage without their support. They might look after someone with a physical disability, long term health condition, mental health issue or a problem with substance misuse.

Carer Support Wiltshire is a local charity supporting carers in Wiltshire. We help them to access support, information, services, education and training, and breaks from their caring role. Our Carer Cafes and Support Groups are held throughout the county and offer friendly advice, help and opportunities to meet other carers and chat over a cuppa.

If you are looking after someone and would like to know what support is available telephone 0800 181 4118. If you are a business who would like to make us your charity of the year, organise a team fundraising challenge or find out about sponsorship opportunities we would love to hear from you. You can find out more at [www.carersinwiltshire.co.uk](http://www.carersinwiltshire.co.uk)